



# THE NAZARETH CHALLENGE

**EXPERIENCE THE HOLY LAND THROUGH  
TWO AMAZING EVENTS.**

WALK THE JESUS TRAIL OR CYCLE THE THREE SEAS CHALLENGE.  
DISCOVER THE LAND OF THE BIBLE IN A TOTALLY UNIQUE WAY.

**1 — 7 NOVEMBER 2020**

SIGN UP TODAY: [EVENTS@NAZARETHTRUST.ORG](mailto:EVENTS@NAZARETHTRUST.ORG) OR 0131 225 9957



# WHAT'S IT ALL FOR?

A photograph of the Nazareth Hospital building, a large, multi-story structure with a modern architectural style, featuring a mix of brick and stone facades. The building is set against a clear blue sky. In the foreground, there is a dark, diagonal banner with white text.

HELP US DELIVER THE LIFE-SAVING CARE  
THE PEOPLE OF NAZARETH DESERVE

Over the last few years, the Nazareth Challenge has helped improve and save thousands of lives thanks to the support of our amazing participants. Their fundraising has supported a number of projects including the creation of Nazareth's first Stroke Department and the refurbishment of our Paediatric Ward.

Our 2020 Nazareth Challenge will fundraise for the Nazareth Hospital EMMS. Please get in touch or keep an eye on the Nazareth Trust website to find out how your participation will make a difference to the people of Nazareth.

## Walk the Jesus Trail

Join us for an incredible 65km sponsored hike through the Holy Land. On this hike through beautiful terrain, you will have the experience of a lifetime retracing the steps of Jesus on this challenging hike from Nazareth to Cana, Arbel, Capernaum and the Sea of Galilee.

## Cycle the Three Seas Challenge

Be part of this sponsored cycle through Israel. Our five day off-road cycle gives you the opportunity to see Israel like never before. Starting at the Mediterranean Sea, you'll experience some of Israel's most stunning landscapes as you cycle to the Dead Sea and the Sea of Galilee before the final climb to Nazareth.

**'THE FINISH LINE WELCOME WAS AWESOME,  
AND I HAVE TO CONFESS BROUGHT  
A TEAR TO THIS SCOTSMAN'S EYE!'**





# THE THREE SEAS CHALLENGE

Our five-day ride offers the opportunity to experience the Holy Land in a unique way. Starting in Tel Aviv, you'll climb the foothills of Jerusalem and explore the old city, descend from Bethlehem to the Dead Sea and finish by cycling through the Galilee region and descending through the forests to Nazareth.

The ride is set on non-technical off-road routes. You don't have to be an experienced off-road cyclist but **you will need a good level of fitness**. Full support will be provided along the route.

An optional devotion will take place each day.

## What's included:

- Airport transfer to and from Ben Gurion Airport, Tel Aviv. Available at specific time only.
- Accommodation on a shared basis.
- Meals (with the exclusion of arrival and departure days).
- Luggage transfer for each leg of the journey.
- Bike rental.
- Tour Guide.

## Costs and Fundraising

### Event Cost

£945\* (Early bird rate £845\* until 30th June)

Non-refundable deposit of £250 payable at time of registration.

Balance to be paid by 31st August 2020.

### Fundraising Target

Suggested minimum fundraising - £2,000.

\*Costs correct at time of printing. Please be aware that flights are not included in these costs and must be organised by each participant.

# ENCE



SYRIA

Sea of Galilee

Nazareth

Mediterranean Sea

Tel-Aviv

Jericho

Jerusalem

Bethlehem

The Dead Sea

JORDAN

EGYPT

ISRAEL



# THE JESUS TRAIL

Join us for this incredible walk through Israel and experience Zippori National Park, the Sea of Galilee and the Golan Heights. The trail follows many of the significant places from the life of Jesus. Each day of the walk is different and up to 22km in distance. The Jesus Trail is a challenging hike and requires a reasonable level of fitness. There will also be an opportunity to tour the Nazareth Hospital and experience first-hand the difference your fundraising will make.

An optional period of devotion will take place each day.

## What's included:

- Airport transfer to and from Ben Gurion Airport, Tel Aviv. Available at specific time only.
- Accommodation on a shared basis. (Option for own room at additional cost.)
- Meals (with the exclusion of arrival and departure days).
- Luggage transfer for each leg of the journey.
- Tour guide.

## Costs and Fundraising

### Event Cost

£545\* (Early bird rate £495\* until 30th June)

Non-refundable deposit of £150 payable at time of registration.

Balance to be paid by 31st August 2020.

### Fundraising Target

Suggested minimum fundraising - £1,000.

\*Costs correct at time of printing. Please be aware that flights are not included in these costs and must be organised by each participant.



**Mount of Beatitudes**

**Capernaum**


**Ginosar**

**Magdala**

**Kibbutz Lavi**

**Nazareth**

**Arbel**



The Nazareth Challenge fundraising event is organised by The Nazareth Trust. With roots traceable back to 1861, The Nazareth Trust has grown to become a major provider of healthcare and education in Nazareth and the surrounding regions. We empower the people of Nazareth and beyond, by advancing well-being across all communities and borders, irrespective of faith, political persuasion or tradition.

**TO FIND OUT MORE ABOUT THE NAZARETH CHALLENGE  
OR TO REGISTER PLEASE GET IN TOUCH:**  
0131 225 9957 OR [events@nazarethtrust.org](mailto:events@nazarethtrust.org)

There are four key areas to the work of The Nazareth Trust:

### **The Nazareth Hospital EMMS**

The Hospital serves as the main trauma centre for Nazareth and the surrounding area. We provide a wide range of services including general surgery, maternity, paediatrics, psychiatry and intensive care.

### **Nazareth Academic School of Nursing**

Established over 90 years ago, the School enjoys its own well-equipped facilities and provides nursing training for around 300 young women and men within the Arab community.

### **The Nazareth Village**

At the Village, visitors experience Nazareth as it was at the time of Jesus. The vivid imagery of Bible stories brings the first century to life. On the tour experienced guides help people understand more about the life Jesus lived through our working farm, a unique replica first-century synagogue and different arts and crafts of the period.

### **SERVE Nazareth**

The SERVE Nazareth ministry connects Christians from around the world with ministries in Jesus' hometown. Our goal is to fulfil needs through service, to grow the kingdom of God in Nazareth and to grow each participant in Christ. Every person who takes part in SERVE makes a difference in the community and grows in passion to serve the Lord.

The Nazareth Trust is the operating name of EMMS Nazareth. EMMS Nazareth is a charity registered in Scotland. Charity No: SC032510. Head Office: 6 Hill Street, Edinburgh, EH2 3JZ.